

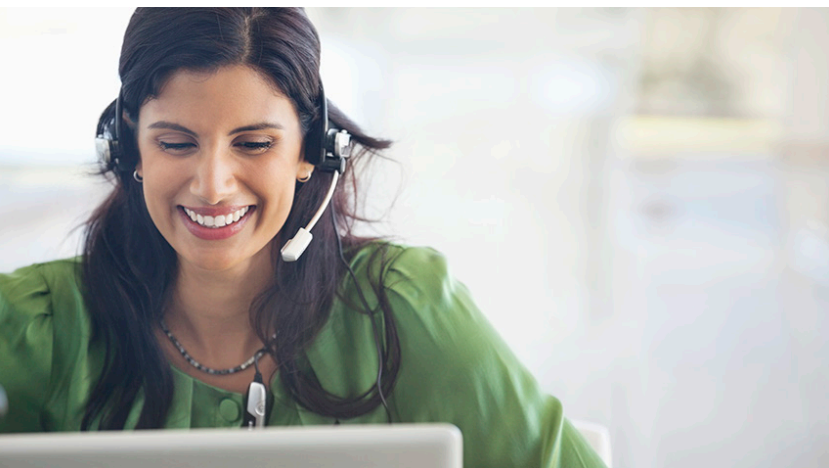


ONTRAK ENGAGE

Give members 1:1 care coaching to help them navigate care, overcome barriers, and realize better health outcomes.

Our Care Coaches have the experience and expertise to support behavioral healthcare— either in collaboration with providers or through dedicated Ontrak Health behavior-change programs.

- ✓ Diverse team—trained for cultural competence
- ✓ Personalized treatment plans using SMART methodology
- ✓ If necessary, provider coordination and collaboration
- ✓ 4-6 mos. for mid-acuity coaching-only engagement model
- ✓ 6-12 mos. for high-acuity coaching and provider treatment



**Put your members first.
Get started today.**

866-517-1414 | OntrakHealth.com

Behavioral healthcare can drive significant cost savings—but only with the right support.






By addressing behavioral health conditions like anxiety and depression, health plans can significantly impact high-cost comorbidities like hypertension and high cholesterol. But quality behavioral healthcare requires a lot of member support. And health plans don't always have the necessary care management infrastructure.

Work with Ontrak and deliver the proactive, hands-on support your members need.

Through 1:1 engagement, our Care Coaches create personalized plans of care based on evaluation insights and recommendations from our AI toolset. Then, using SMART methodology, they map a sequence of activities designed to address each member's unique set of needs. All members get consistent, ongoing support to ensure they stick to treatment plans and practice durable healthcare consumption. And each phase of care is linked to a measurable and trackable set of goals.

Truly personalized member care

Every member is unique, and each member needs different levels of support. High-acuity members often require provider treatment. Mid-acuity members may simply require dedicated coaching-only programs. If assessment reveals the need for provider intervention, our Care Coaches will help:

-  Coordinate care
-  Schedule visits
-  Share session notes with providers
-  Breakdown social barriers
-  Follow up after each visit

Bottom line: Ontrak Care Coaching is proven to drive measurable outcomes and help maximize behavioral healthcare ROI.